

## Sustainable Wallingford Meeting #6 Summary April 12, 2008

Next meeting Saturday, May 10<sup>th</sup>, 10 to noon Mosaic Community Coffee House 4401 2nd Ave NE

Contact: 206-547-9569 [cathy.tuttle@gmail.com](mailto:cathy.tuttle@gmail.com) Meeting summaries posted at

[www.sustainablewallingford.us](http://www.sustainablewallingford.us)

*At the April meeting we discussed disposal of electronic waste, food gardens and emergency preparations.*

Mary Heim led the sixth meeting of Sustainable Wallingford. **This was one of the busiest weekends of the spring! Many SW members were absent because of other events like the Seattle Green Festival and the Dalai Lama event at Qwest Field. It was a beautiful Saturday morning and the small group met at the picnic table outside of Mosaic Coffee House. There was one new person at the meeting:**

- **James Whitaker**, who is interested in P-patch gardens, learned about Sustainable Wallingford at the caucuses.

### What is Sustainable Wallingford?

We are a group of neighbors and friends of Wallingford who meet every month to educate, participate, and celebrate.

- ♣ We educate ourselves and each other about the small and large steps we need to take to have whole and meaningful lives using the resources the planet is able to contribute to our well-being.
- ♣ We participate with each other in guilds and activities that improve our neighborhood one step at a time including: "Growing Food Growing Community", "Home energy", "Neighborhood walks", "Spokespeople bike rides".
- ♣ We celebrate events as diverse as community potlucks, neighborhood walking tours, yoga in the park classes, and summer festivals.

**We are a wheelbarrow organization**—holding and moving forward ideas that are bubbling up in the community about how to live on one planet with joy and grace. We will work to support the sustainable goals and aspirations of all of the wonderful people and institutions that build the Wallingford community.

May 10. Call (206) 547-9569, [www.sustainablewallingford.us](http://www.sustainablewallingford.us) or contact [cathy.tuttle@gmail.com](mailto:cathy.tuttle@gmail.com) for more information. Join us!

### Growing Food Growing Community (GFGC) Guild:

- GFGC meets next on Thursday, April 24th at 6 p.m. at **Elysian Brewing Co. in Tangletown, 55th Street** to discuss how to grow food locally and help produce fresh produce for at-risk members of our community. The group is planning garden tours, classes on planting and food processing, and eating food, of course. They are looking for volunteers to organize the Wallingford Fruit Tree Harvest and considering a fall healthy soil workshop. Abby coordinates the group [abbyklingbeil @ yahoo.com](mailto:abbyklingbeil@yahoo.com)
- Wednesday, April 30th GFGC plans a "dry-run" of their edible garden walk.
- **Friday MAY 2, 2008 7-9:30PM Friday Night at the Meaningful Movies presents: "AN EVENING OF SHORT FILMS ON FOOD AND SUSTAINABILITY"** The GFGC guild will attend with materials and there will be a facilitated discussion along with the shorts. [www.meaningfulmovies.org](http://www.meaningfulmovies.org)
- GFGC will have their first edible garden walk tentatively scheduled for May 5th.

### Other food sustainability announcements:

One of the themes coming up a lot these days is local food. Depending on what sources you read, the food we eat is responsible for between 20% and 40% of our carbon footprints. And every calorie we eat averages 10 to 15 calories of energy in fertilizer, production, and transportation.

- Seattle City Council President Richard Conlin introduced a **food security resolution** [www.seattle.gov/council/conlin/](http://www.seattle.gov/council/conlin/) that clearly summarizes the multiple sustainability issues surrounding our food (it covers footprint, security, obesity, hunger, fair trade). The City Council is slated to discuss the resolution on Earth Day April 22, and vote on it a week later. One of the main purposes of Conlin's resolution is to give the Acting Food Policy Council of Seattle King County <http://king.wsu.edu/foodandfarms/foodpolicycouncil.htm> the support it needs to start making good food policy for our community.
- **Eat Local Now!** is a dinner and farm action event at Ballard High School on April 29 [www.eatlocalnow.org](http://www.eatlocalnow.org)
- **Tilth's edible plant sale** will be held on May 3rd and 4th on the grounds of the Good Shepherd

Center/Meridian Park. For more information on the sale and the list of available plants see: <http://www.seattletilth.org/events/edible-plant-sale/PlantSale08>. For information Tilth's classes and workshops see: <http://www.seattletilth.org/classes-and-workshops/>

### **Emergency Preparedness Guild:**

- The EP guild met from 9:00-10:00, before the Sustainable Wallingford regular meeting. Guests were Mark Howard from the Seattle Office of Emergency Management (OEM) and Jake Webber from Family Works. Howard works with SNAP groups and community groups that connect individual and block area/SNAP groups. He will be happy to help facilitate and support the EP guild moving forward.
- Seattle "Drop, Cover and Hold" drill is scheduled for April 22 at 9:45 am.
- Jake Webber from Family Works has a grant to work on preparedness for their non-profit organization and looking at how to serve their constituents in an emergency.
- Howard provided an information sheet describing a partnership between the Department of Neighborhoods (DoN) and OEM to support SNAP group organizations. The SNAP matching Fund provides up to \$500 to neighbors who register as a SNAP group and create a match in time, money, or in-kind services. The one-page application is available on-line at <http://www.seattle.gov/neighborhoods>.
- Howard also provided an information sheet on Small Sparks grants through the DoN. These matching funds, up to \$250, target small-scale community projects that reach out to people not yet involved in neighborhood organizations or projects.
- Howard also urged individuals and groups to attend upcoming events and classes. The calendar is available at: <http://www.seattle.gov/emergency/news/calendar.htm>
- Howard described the work underway in the Queen Anne/Magnolia and West Seattle communities and contrasted the different strategies those groups have used to launch community wide emergency planning. Queen Anne has used a formal approach identifying vulnerabilities, potential resources, identified community gathering places/hubs, and are currently working on communications flow from the block level to the hubs and on to the City emergency operations center. West Seattle, using a less formal approach, launched their efforts with a workshop on emergency planning. They approached the QFC at Morgan Junction and asked if they would make their parking lot available as a meeting place during an emergency. They outfitted an athletic bag with emergency supplies for use during an event. They continue with outreach and planning.
- OEM has many online resources and lists for personal, SNAP/block level, and business preparedness. For more information please refer to [www.seattle.gov/emergency/default.htm](http://www.seattle.gov/emergency/default.htm)
- Friday Night at the Meaningful Movies will be hosting a film related to disasters in early summer and we hope to follow it with a preparedness event the next day. Event and venue to be determined. Action item to contact Lorig to determine if they would be willing to donate space at Wallingford Center for a one-day emergency prep fair of some sort. Mary Heim will follow up with Lorig.
- Need for planning by businesses, schools, faith groups, and non-profit organizations (Boys and Girls Club, food bank and Family Works) was also identified. Sherry Reynolds will follow up with churches and faith organizations. Mary Heim and Jake Webber will follow up with the Wallingford Chamber of Commerce members and others. Heim will follow up with Wallingford Community Council. maryheim@insightgis.com is the EP contact.

**Responsible electronics disposal.** Sustainable Wallingford members continue to discuss safe disposal of unusable electronic goods. Wallingford has a "green" electronics recycling firm [www.interconnection.org/](http://www.interconnection.org/) that makes sure our old electronic products are not sent to pollute the people and land of less fortunate countries. Seattle-based Basel Action Network [www.ban.org](http://www.ban.org) is also committed to safe disposal of toxic products. See [www.storyofstuff.com](http://www.storyofstuff.com) for information about the life-cycle of the things we use.

**Public Gathering.** Tue, April 29th 6:30-9:00pm Indra's Rainbow –IONS Community Group. Eco-April Reflection. Woodland Park Presbyterian Church 225 N 70th St. Seattle (70th Ave. N. and Greenwood Ave. N.) Let's plant the seeds of compassion and grow them together. If you are attending, please reply to: [indrasrainbow@gmail.com](mailto:indrasrainbow@gmail.com) For more info about IONS, go to: [www.noetic.org](http://www.noetic.org) or [www.ionsnw.org](http://www.ionsnw.org)

## Moving Wallingford

- **Announcement for Wallingford Walks:** April 26, Saturday. 1 pm - walk leader Nancy Merrill - Subject: The trees of Wallingford and what would make a good street tree for your home. Nancy is a Seattle Dept of Transportation Tree Steward and the founder of the It's a Beautiful Day in the Neighborhood Tree Planting Project. The project has carried out dozens of successful tree planting programs in Wallingford. We will see some of these plantings and some of the more unusual trees in the neighborhood. About 2 hours. Future walkie-talkies include a tour of our Wallingford parks with local advocates of the parks to tell us of their features and history, including the "secret" hidden pea-patch; the "Aboveground Tour" of Wallingford history; and a tour of excellent examples of Wallingford residential architecture. Mike Ruby is the Wallingford Walks contact [mruby @ envirometrics.com](mailto:mruby@envirometrics.com)
- **SPOKESPEOPLE** will be at the Phinney Neighborhood Center April 26 **Green My Ride** [www.greenmyride.info](http://www.greenmyride.info). **Wallingford Meaningful Movies** will show bike shorts at the event.
- SPOKESPEOPLE rides are featured in the Seattle Times calendar, PI, ParentMap Editor's Choice and Pioneer Organics newsletter. The May 3 bike ride starts at 2 p.m. from the south end of Wallingford Playfield. Seattle Tilth will give bicycle riders on the ride a discount coupon to use at the Tilth Edible Plant sale. All levels of bicyclists especially riders hesitant about riding on the road, children, and people who haven't been on their bikes for a while can get a gentle introduction to riding before taking a very short ride to Meridian Park. More advanced riders can go with a group leader to Green Lake and back. Learn more at [www.spokespeople.us](http://www.spokespeople.us)
- **John Stanford International School** is participating during the month of **May in Bike-to-School month** – so be extra alert if you drive during school commuting hours. <http://www.jsisweb.com/>

## Upcoming Local Events

April 22 **Earth Day**, April 26 **Green My Ride Phinney Neighborhood Center**, April 26 **Wallingford Walks**, April 29 **Eat Local Now!** at Ballard HS, May 2 **Growing Food/Growing Community Meaningful Movie**, May 3-4 **Seattle Tilth Edible Plant Sale**, May 3 **SPOKESPEOPLE rides**, **May 10 Sustainable Wallingford 10 to noon**, May 14 **Wallingford Farmer's Market opens**, June 1 Wallingford Community Garden Tour, July 12 Wallingford Kiddies Parade, September 5-6 Seattle Tilth Harvest Fair, October 5 Wallingford Home Tour

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